

Additional Resources

English – Guided Reading – Health-Conscious Kids (page 11 - 13)

Children should read the **newspaper article** (a piece of writing giving information about current events) and answer the questions giving as much detail as they can. Any unfamiliar vocabulary should be highlighted, and children should be encouraged to discuss its meaning or find the definition in a dictionary. Your child may find it easier to read the questions first, then read the text and then answer the questions. In order to answer the questions, it's normal to read the text once in full and then for a second time to find the answers. Help your child practice skimming and scanning by getting them to read the first line of each paragraph and predict if they will find the answer to the question they are looking for in that paragraph.

The answers to the questions are given below.

1. What does the phrase 'health-conscious' mean?
Various answers, for example: That you are mindful about how healthy your diet and lifestyle is.
2. Find a synonym for 'considerable' in the second paragraph.
Vast
3. Name 3 food or drink items that the staff and pupils were consuming too much of.
Any 3 from: crisps, cakes, chocolates, cola, biscuits or coffee.
4. How did children get their extra 'active' playtime on a Friday?
They needed to complete a sticker book. To get a sticker they needed to bring a healthy snack for breaktime.
5. Why do you think the year 5 children have been described as inspirational?
Various answers, for example: They have produced a plan and motivated and inspired others to improve their lifestyle.
6. Find and copy a word which has a similar meaning to 'healthy'.
Nutritious
7. Why do you think it is important for parents to be involved in the campaign too?
Various answers, for example: Parents prepare the food for a family to eat and can help their children make healthier choices by being a role model.
8. Give 3 adjectives used to describe the children in the last two paragraphs.
Any 3 from: tolerant, understanding, happy, motivated or dynamic.

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9. Is the sentence '*The tuck shop sells tasty snacks,*' a fact or opinion?

Opinion